

Lecture 1 (Tuesday, August 5, 2002)

"Generalization of the Hawking mass"

Lecture 2 (Wednesday)

"Proof of the Poincaré Conjecture  
for 3-Manifolds with Yamabe Invariant  
Greater Than  $\mathbb{R}P^3$ "

Lecture 3 (Friday)

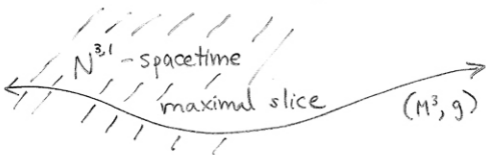
"Black Holes, the Penrose Conjecture,  
and Quasi-Local Mass"

Hubert Bray, MIT

"50 Years of the Cauchy Problem in General  
Relativity" July 29 - August 10, 2002

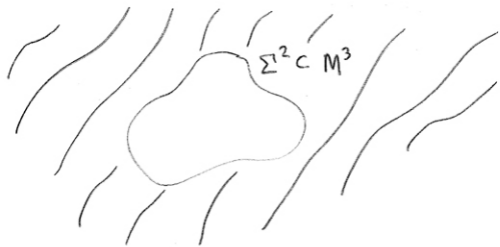
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# "Generalization of the Hawking Mass"



Dominant Energy Condition  $\Rightarrow R^m \geq 0$ .

Problem: How do we explicitly estimate how much mass is inside a surface  $\Sigma^2$  in  $M^3$ ?



Based on the spherically symmetric case, Hawking wrote down the estimate

$$m_H(\Sigma) = \sqrt{\frac{|\Sigma|}{16\pi}} \left( 1 - \frac{1}{16\pi} \int_{\Sigma} H^2 \right)$$

where  $H$  is the mean curvature of  $\Sigma^2$  in  $M^3$  and  $|\Sigma|$  is the area of  $\Sigma$ .

Given sufficient asymptotics, this expression converges to the total ADM mass on large, round spheres going to infinity.

If  $\Sigma^2 \subset (\mathbb{R}^3, \delta)$ , note that

$$\begin{aligned} H^2 &= (\lambda_1 + \lambda_2)^2 = 4\lambda_1\lambda_2 + (\lambda_1 - \lambda_2)^2 \\ &= 4K + (\lambda_1 - \lambda_2)^2 \end{aligned}$$

where  $\lambda_1, \lambda_2$  are the principle curvatures of  $\Sigma^2$ . By Gauss-Bonnet,

$$\begin{aligned} \int_{\Sigma} H^2 &= \int_{\Sigma} 4K + (\lambda_1 - \lambda_2)^2 \\ &= 16\pi + \int_{\Sigma} (\lambda_1 - \lambda_2)^2 \geq 16\pi, \end{aligned}$$

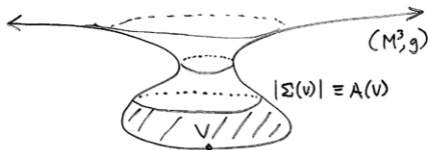
n spheres, so

$$m_H(\Sigma) = \sqrt{\frac{|\Sigma|}{16\pi}} \left( 1 - \frac{1}{16\pi} \int_{\Sigma} H^2 \right) \leq 0.$$

So the Hawking mass always gives a lower bound for  $m_{\text{ADM}} = 0$  in  $(\mathbb{R}^3, \delta)$ .

Kind of cool.... but hardly convincing of any greater relevance.

Also, in the spherically symmetric case,



$(M^3, g)$  is characterized by  $A(v)$ . Furthermore,

$$A'(v) = \frac{A'(t)}{v'(t)} = \frac{\int_{\Sigma(v)} H}{\int_{\Sigma(v)} 1} = H(v) \quad (\text{using unit speed flow})$$

so

$$\begin{aligned} m_H(\Sigma(v)) &= \sqrt{\frac{|\Sigma(v)|}{16\pi}} \left( 1 - \frac{1}{16\pi} \int_{\Sigma(v)} H^2 \right) \\ &= \sqrt{\frac{A(v)}{16\pi}} \left( 1 - \frac{1}{16\pi} \cdot A(v) A'(v)^2 \right) \end{aligned}$$

and

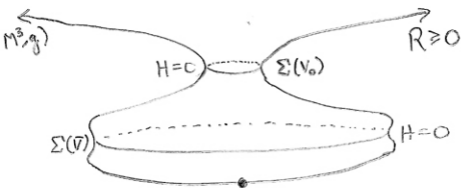
$$\frac{d}{dv} m_H(\Sigma(v)) = \left( \frac{A(v)}{16\pi} \right)^{1/2} \left( \frac{A'(v)}{16\pi} \right) \cdot R(v)$$

where the scalar curvature

$$R(v) = \frac{8\pi}{A} - \frac{3}{2} A'(v)^2 - 2A \cdot A''(v).$$

hence, in the spherically symmetric case we can prove the Positive Mass Theorem and the Penrose Inequality (in this setting).

$$M_{ADM} = \lim_{V \rightarrow \infty} m_H(\Sigma(V)) \geq m_H(\Sigma(V_0)) = \sqrt{\frac{|\Sigma(V_0)|}{16\pi}}$$



since

$$\frac{d}{dV} m_H(\Sigma(V)) = \left(\frac{A}{16\pi}\right)^{1/2} \left(\frac{A'(V)}{16\pi}\right) R(V) \geq 0$$

Note that the horizon  $\Sigma(V_0)$  must be outerminimizing for the Penrose Inequality.

So maybe this might work in the non-spherical case!

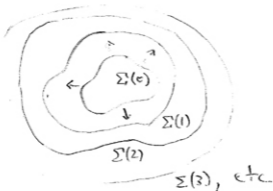
# Amazing Miracle Happens!

(mid  
seventies)

Geroch - Jang - Wald observe that if you flow  $\Sigma^2$  in the outward normal direction with speed  $v = \frac{1}{H}$ , then

$$\frac{d}{dt} m_H(\Sigma^1(t)) \geq C.$$

Picture:

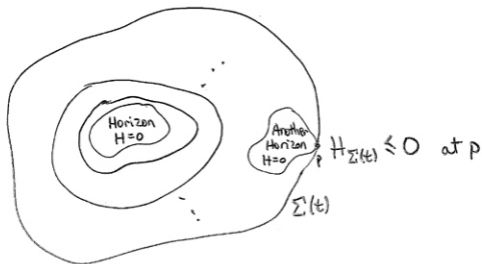


$\Sigma^i(t)$ ,  $t \geq 0$   
is family of  
surfaces  
generated.

Hence,

$$m_{ADM} = \lim_{t \rightarrow \infty} m_H(\Sigma^1(t)) \geq m_H(\Sigma^1(c)).$$

Great! But there is a problem. How do you flow  $\Sigma(t)$  with speed  $v = \frac{1}{H}$  if  $H=0$ ? What if  $H$  changes sign on  $\Sigma(t)$ ? For example, consider



and  $H_{\Sigma(t)} < 0$  must occur somewhere on  $\Sigma(t)$  by the maximum principle.

Oh well, its a nice heuristic argument anyway ...



Another  
Amazing Miracle  
Happens!

(1997)

Huisken - Ilmanen show that this argument can actually be made rigorous.

Geometric Trick: Whenever  $\Sigma(t)$  is enclosed by a surface of equal or less area, "jump" to that surface and continue flowing with  $\eta = \frac{1}{H}$ . This rule guarantees " $H > 0$ " so that  $\eta$  is defined. Also note that during a jump,



- Area does not decrease (because otherwise it would have jumped earlier)
- $\int_{\Sigma} H^2$  decreases, so
- $m_H(\Sigma) = \sqrt{\frac{|\Sigma|}{16\pi}} \left( 1 - \frac{1}{16\pi} \int_{\Sigma} H^2 \right)$  does not decrease.

Question: Are there other explicit quasi-local mass functionals which give lower bounds on the ADM mass?

Answer: Yes, perhaps many. However, none were found until March 2002. The most explicit example is

$$m_{\text{ADM}} \geq m_H(\Sigma) + \frac{|\Sigma|^{1/2}}{(16\pi)^{3/2}} \cdot \frac{\max\left(0, \int_{\Sigma} H^3 - \frac{(16\pi)^{3/2}}{|\Sigma|^{1/2}}\right)^2}{6 \int_{\Sigma} H^4}$$

where as usual

$$m_H(\Sigma) = \sqrt{\frac{|\Sigma|}{16\pi}} \left(1 - \frac{1}{16\pi} \int_{\Sigma} H^2\right).$$

But first, let's look for examples of the form

$$m(\Sigma) = \sqrt{\frac{|\Sigma|}{16\pi}} \left( 1 - \frac{1}{16\pi} \int_{\Sigma} f(H) \right)$$

We already know that  $f(x) = x^2$  works since that gives the Hawking mass.

More generally, we observe that if we consider the flow

$$\eta = \frac{2}{f'(H)},$$

then Gauss-Bonnet, 1st and 2nd variation formulas for area, Gauss equation, yaddy yaddy yadda imply

$$\frac{d}{dt} \int_{\Sigma} f(H) \leq 8\pi + \int_{\Sigma} \frac{2Hf(H)}{f'(H)} - \frac{3}{2} H^2.$$

If we choose  $y = f(x)$  to satisfy

$$(*) \quad \frac{dy}{dx} = \frac{4xy}{3x^2 - y}, \quad (f(0) = 0)$$

then

$$\frac{d}{dt} \int_{\Sigma} f(H) \leq 8\pi - \frac{1}{2} \int_{\Sigma} f(H),$$

which, together with

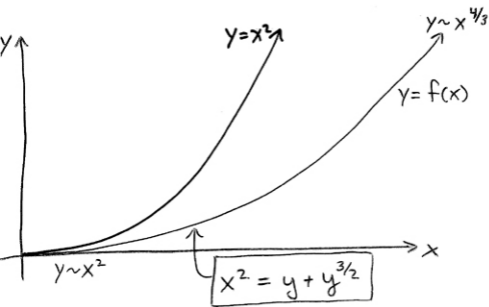
$$\frac{d}{dt} |\Sigma| \geq |\Sigma|$$

(which we are not checking) yields

$$\frac{d}{dt} m(\Sigma) = \frac{d}{dt} \sqrt{\frac{|\Sigma|}{16\pi}} \left( 1 - \frac{1}{16\pi} \int_{\Sigma} f(H) \right) \geq 0$$

under  $\eta = \frac{2}{f'(H)}$  flow (when  $m(\Sigma) \geq 0$ ).

Clearly  $f(x) = x^2$  satisfies (\*). Are there any other solutions?



$y = f(x)$  solves  $\frac{dy}{dx} = \frac{4xy}{3x^2 - y}$  as does

$y = \frac{1}{c^2} f(cx)$  for any  $c > 0$ . Note that  $c \rightarrow 0$  gives  $y = x^2$ . Thus,

$$m_c(\Sigma) \equiv \sqrt{\frac{|\Sigma|}{16\pi}} \left( 1 - \frac{1}{16\pi} \int_{\Sigma} \frac{1}{c^2} f(cH) \right)$$

is monotone for this choice of  $f$  and any  $c > 0$ , under  $\eta = \frac{2c}{f'(cH)}$  flow.

But does  $\lim m_c(\Sigma(t)) = m_{\text{ADM}}$ ?

No! But this mass functional does converge to  $m_{\text{ADM}} + \underline{c}$ . Hence, we redefine

$$m_c(\Sigma) \equiv \sqrt{\frac{|\Sigma|}{16\pi}} \left( 1 - \frac{1}{16\pi} \int_{\Sigma} \frac{1}{c^2} f(cH) \right) - c$$

so that  $m_c(\Sigma(t))$  is now monotone under

$$\eta = \frac{2c}{f'(cH)}$$

flow and

$$\lim_{t \rightarrow \infty} m_c(\Sigma(t)) = m_{\text{ADM}}.$$

Thus,

$$m_{\text{ADM}} \geq m_c(\Sigma), \quad \forall c > 0.$$

Note that  $c=0 \iff$  Hawking mass and inverse mean curvature flow.

Define

$$\tilde{m}(\Sigma) = \sup_{c > 0} m_c(\Sigma)$$

Then we have

$$m_{\text{ADM}} \geq \tilde{m}(\Sigma) \geq m_H(\Sigma)$$

since  $c=0 \leftrightarrow$  Hawking mass. Thus we have a better lower bound for the ADM total mass. Estimating

$$f(x) \leq x^2 - x^3 + \frac{3}{2}x^4$$

gives

$$\begin{aligned} \tilde{m}(\Sigma) &\geq \sup_c \sqrt{\frac{|\Sigma|}{16\pi}} \left( 1 - \frac{1}{16\pi} \int_{\Sigma} (H^2 - cH^3 + \frac{3}{2}c^2H^4) \right) - c \\ &= m_H(\Sigma) + \frac{|\Sigma|^{1/2}}{(16\pi)^{3/2}} \cdot \frac{\max(0, \int_{\Sigma} H^3 - \frac{(16\pi)^{3/2}}{|\Sigma|^{1/2}})^2}{6 \int_{\Sigma} H^4} \end{aligned}$$

from before.

Next time we will use inverse mean curvature flow to prove a topological result about the Yamabe invariant  $Y$ .

Thm. A closed 3-manifold with  $Y > Y(\mathbb{R}P^3)$  is either  $S^3$  or a connect sum with an  $S^2$  bundle over  $S^1$ .

We will also compute  $Y(\mathbb{R}P^3)$ ,  $Y(\mathbb{R}P^2 \times S^1)$  and show that the first five prime 3-manifolds ordered by  $Y$  are

$S^3$ ,  $S^2 \times S^1$ ,  $S^2 \tilde{\times} S^1$ ,  $\mathbb{R}P^3$ , and  $\mathbb{R}P^2 \times S^1$ .